

**WESTERN CAPE DEPARTMENT OF HEALTH (WCRC) - MOTIVATION – ETPT**

**WHEELCHAIR AND SEATING TRAINING DEVELOPMENT PROJECT**

**INTERMEDIATE LEVEL (PROFESSIONAL): WHEELCHAIR AND SEATING SERVICES**

**TRAINING PROGRAMME**

**DAY 1:**

7.30 Registration

8.00 Introduction

8.30 Course Framework

8.45 Review of biomechanics of seating

**9.30 TEA**

10:00 Normal Development of the spine and pelvis

12:00 Assessment

**12:30 LUNCH**

13:00 Assessment- continued

14:30 Managing deviations of the lower limbs

**16.00 Closure**

**DAY 2:**

7:30 Managing deviations of the pelvis and spine

**9:30 TEA**

10:00 Measurement

10.15 Cushions and pressure relief

**12:30 LUNCH**

13:00 Back systems: rigid adjustable

15:00 Back systems: modular adjustable

**16.00 Closure**

**DAY 3:**

7:30 Back systems: Combinations

8:30 Back systems: Case studies

**9.30 TEA**

10:00 Posture chairs: Characteristics, prescription pointers and customising components

11:00 Posture chairs: Case studies

12:00 Buggies: Characteristics, prescription pointers and customising components

**12.30 LUNCH**

13:00 24-hour management devices

14:30 Seating process, progressive seating and seating management

15:00 Case studies

**16.00 Closure****DAY 4:**

7.30 Overview of clinical documentation required (WCRC)

8:00 Principles of prescribing power chairs

8.45 Demonstration of assessment and planning for user with intermediate seating needs

**9.30 TEA**

10.00 Patient assessment, prescription and seating (groups of 2)

**12.30 LUNCH**

13.00 Patient assessment, prescription and seating (groups of 2)

15.00 Feedback / presentations on patients seen

**16.00 Closure****DAY 5:**

7.30 Problem solving / case discussions

8.00 Patient assessment, prescription and seating (groups of 2)

**9.30 TEA**

10.00 Patient assessment, prescription and seating (groups of 2)

**12.30 LUNCH**

13.00 Patient assessment, prescription and seating (groups of 2)

15.00 Regroup and feedback

**16.00 Closure**