WESTERN CAPE REHABILITATION CENTRE (WCRC)

BASIC (3 WEEK) COURSE – THE ASSESSMENT AND TREATMENT OF ADULTS WITH NEUROLOGICAL LESIONS – THE BOBATH CONCEPT

DATE/S, VENUE & PARTICIPANTS:
- 21 May - 1 June 2012 and 9 - 13 July 2012
- Western Cape Rehabilitation Centre, Highlands Drive, Mitchells Plain, Cape Town
- 16 participants

PRESENTERS:
- Elsje Scheffler / Sheena Irwin-Carruthers / Gakeemah Inglis-Jassiem

COST:
- South African citizens: **R5 500.00**
- Foreign nationals: **ZAR7 000.00**
- Reprint of lost CPD certificates **R200.00**

BOOKINGS:
- Nelleke Bakkes Tel 083 290 7049 or fax 0865112164 or bobath@dareconsult.co.za
- The deposit of **R3 500.00** must accompany the application in order for you to be placed on the list of participants. The balance of **R2 000.00** is payable no later than **20 April 2012**. (one month prior to the course)
- No bookings will be done without the deposit.
- The deposit is non-refundable should you cancel within 1 month of the starting date of the course.
- Cheques must be made out to the **WCRC Facility Board**
  - Banking information:
    - Account number: 406 775 3915
    - Bank: ABSA
    - Branch: Goodwood Mall
    - Branch code: 512-710
    - Type account: Cheque
    - Reference: your name plus date of the course
- Deposit slip to be faxed through to 0865112164
- Logis supplier number **P8806** or BAS supplier number **H0010743**
- **Bookings / payments via SKILLS DEVELOPMENT OFFICES:**
  - Please note: It is preferable that you pay directly for the course and then claim back from your skills development office / division. Alternatively, provide a letter (on an institutional letterhead) signed by your head of department and the Skills Development Office, confirming your name, the course you are registering for, the course dates and that the Skills Development office will pay the complete registration fee. An order number should be included in the letter if available. No bookings will be done without this letter.

CONFIRMATION OF BOOKING:
Once we have received proof of payment, you will receive written confirmation of your booking. If you don’t hear from us, it means we have **not** received your confirmation of payment and/or booking. Please contact us immediately.
COURSE OVERVIEW, ASSESSMENT AND GENERAL REQUIREMENTS:

- The 3 week course is full and intense and often homework is given for the next day. Before you arrive you may wish to revise the functional anatomy of the trunk and neck, upper limbs and lower limbs, but the manual provided will have full information.
- As this is an outcomes-based course, participants need to demonstrate that they understand and can apply the concepts taught. There will therefore be continuous evaluation taking place during the course, which will focus on your participation in class, clinical handling skills during practical and clinical sessions, as well as on all homework. A final assignment will be handed out at the end of the second week.
- From day 2, we will be working with patients on a daily basis. Please ensure that you are appropriately dressed for clinical sessions. Almost every day there are practical sessions where participants will practice techniques on each other, so ensure that you are appropriately dressed for these sessions.
- Participants who require special accommodation regarding physical needs for clinical, practical or theory sessions, should contact Nelleke Bakkes on 083 290 7049 bobath@dareconsult.co.za to discuss needs and options.

ATTENDANCE REQUIREMENTS:
Please be advised that according to the Bobath bylaws, a participant may only miss a maximum of 4 hours of the training. Participants should therefore not schedule appointments etc. during this time which might require them to leave early/arrive late. The same applies for booking of arrival and return flights.

MEALS:
Tea, coffee and snacks will be provided during the morning tea breaks. Tea and coffee will be provided at lunch time. Please bring your own lunch. Full and light meals, salads, pies, sandwiches and snacks can be purchased at our cafeteria during lunch times.

VENUE:
Conference Room, Therapy 2, Western Cape Rehabilitation Centre, Mitchell’s Plain

REGISTRATION:
7.30am

CPD:
- 30 CPD points.
- This qualification will allow you to attend the Advanced (1 week) NDT courses held every year, so it is an effective way of developing your professional skills in neurological treatment.
- Remember to bring your HPCSA card/number for CPD purposes. A register will be kept and has to be signed daily.

DAILY PROGRAMME
07.30 Lectures / practical / demo
09.30 Tea*
09.45 Patient practical
11.00 Lecture / practical / demo
12.00 Lunch
13.00 Lectures / practical / demo
14.00 Patient practical
15.00 Tea*
15.30 Lectures / practical / demo
16.30 End
*Tea times are used to prepare for / end clinical sessions so cannot be shortened.
Lunch times e.g. on a Friday, can be 15 minutes shorter if negotiated by the group.
ACCOMMODATION:

- The venue is in Mitchell’s Plain, plus minus 10 min from the airport.
- Contact the Cape Town Information Bureau for recommended accommodation in the airport area.
  Contact +27 (0) 21 487 6800
- Lentegeur Hospital on the neighbouring premises, Nurse’s Home offers very basic accommodation. Participants can also apply to stay at the Doctor’s quarters if there is space. This accommodation is slightly less basic than the Nurse’s Home. Contact +27 (0)21 370 1411 / 021 370 1401.

QUESTIONS?

If you have any administrative or fees related queries please contact Nelleke at bobath@dareconsult.co.za
DIRECTIONS TO:
WESTERN CAPE REHABILITATION CENTRE

**Physical address**
103 Highlands Road
Mitchell’s Plain

**Postal address**
Private Bag X19
Mitchell’s Plain, 7789

**FROM THE N1:**
Take R300 south
Go past the N2
First turn off once past the N2: Stock Road (Stock Road becomes AZ Berman)
Left into Highlands Drive (first set of traffic lights)
Approximately 400m to the entrance of the Lentegeur Hospital site.

**FROM THE N2:**
Take R300 south (Mitchell’s Plain turnoff)
First turn off: Stock Road (Stock Road becomes AZ Berman)
Left into Highlands Drive (first set of traffic lights)
Approximately 400m to the entrance of the Lentegeur Hospital site.

Once at entrance of Lentegeur Hospital, follow the directional boards to WCRC entrance (white boards with 4 orange balls). Security at the gate will direct you to the closest parking.

**LOST?**
Call tel. (021) 370 2300